

SPEAKERS

- Matthew Appleton, Bristol, United Kingdom
- Jörg Bock, Magdeburg, Germany
- Katrin Boger, Aalen, Germany
- Judith Bürzle, Ulm, Germany
- Mary Coughlin, Boston, USA
- Mauri Fries, Leipzig, Germany
- Antonia Maria Jockenhöfer, Essen, Germany
- Julie A. Larrieu, News Orleans, USA
- Wolf Lütje, Hamburg, Germany
- Jenni Meyer, Bristol, United Kingdom
- Friedrich Porz, Augsburg, Germany
- Markus Wilken, Essen, Germany



ORGANISER

Akademie Ottenstein

SCIENTIFIC PRESIDENTS

Katrin Boger, Dr. Mauri Fries,
Dr. Friedrich Porz, Dr. Markus Wilken

REGISTRATION FEE

Early bird fee

until 31/12/2024 after-wards

PRESENCE

Workshops 3 hrs on 15/05/2025 each	125 €	140 €
Workshops 6 hrs on 14/ and 15/05/2025 each	250 €	280 €
2-day ticket congress 16/ and 17/05/2025 including lunch and refreshments during breaks!	360 €	390 €

LIVESTREAM

2-day ticket congress 16/ and 17/05/2025	280 €	310 €
Day ticket congress, Friday 16/05/2025	170 €	200 €
Day ticket congress, Saturday 17/05/2025	140 €	170 €
40 % discount on livestream for trainees/students		

VENUE

JUGENDHERBERGE DUISBURG SPORTPARK

Youth Hostel Duisburg Sportpark
Kruppstr. 9, 47055 Duisburg
Bus: MSV Arena (934) (0,1 km),
Underground: Kulturstraße (U79) (1,4 km)
Regional-Train: Duisburg Schlenk (S1) (1,9 km),
Airport: Düsseldorf International (20 km)

EDUCATION POINTS

- for psychotherapists have been applied for at the Chamber of Psychotherapists in Nordrhein-Westfalen
- for physicians have been applied for at the Nordrhein Medical Association
- 12 continuing education points for therapists in the field of Remedies framework recommendation according to §125 Para. 1 SGB V • training hours for midwives according to the HebBO Niedersachsen can be applied
- Individual CERPs can be applied for at the IBLCE in the context of the recertification: 5 hours **Lactation**, 6.5 hours **Related**

ACCOMMODATION + ARRIVAL

Accommodation recommendations and a description of how to get there can be found at www.early-trauma.com



REGISTRATION

www.early-trauma.com

We manage the conference without sponsorships and industry exhibition!

FURTHER INFORMATION

www.early-trauma.com



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2. INTERNATIONAL CONGRESS EARLY CHILDHOOD TRAUMA

Re-attach in Uncertain Times



14th to 17th May 2025
in Duisburg-Wedau

for therapists, physicians and all those who work with
children between 0 and 6 years

HYBRIDFORMAT
with presence or
online participation

www.early-trauma.com

Dear Colleagues,

Times of crisis are a major challenge for all age groups. We know from trauma research that external safety is the prerequisite for inner safety. Babies and small children in particular are dependent on sensitive, secure attachment figures for safe development.

How can we preventively promote resilience in caregivers and children in order to develop skills in dealing with the consequences of crises? What effects do early stress factors have on later life and how can they be healed in later life?

On the one hand, international research findings will be presented at this congress. On the other hand, we want to present and discuss existing treatment approaches in the medical, psycho-therapeutic and socio-pedagogical fields of work. We also want to promote dialogue and bring together those who are involved in this field. Our aim is to maintain existing contacts and make new ones in order to intensify our co-operation and expand our network. The focus is on the first year of life.

To offer you a flexible and attractive conference experience, we will organise the congress hybrid: in presence in the green Duisburg-Wedau and the plenary conference on 16th and 17th May 2025 via livestream. Lectures of the plenary conference will be translated simultaneous German – English.

For a rethink and a change in the training culture of medical and therapeutical professions, we run the conference without sponsorship and industry exhibition! We are looking forward to exciting national and international experts, practical workshops and a wide-ranging congress programme and hope to meet you soon in Duisburg close to the River Rhine.

A warm welcome to our congress!

Katrin Boger, Dr. Mauri Fries,
Marina Meger, Dr. Friedrich Porz,
Dr. Markus Wilken

Visit our congress website www.early-trauma.com
for more information and abstracts.



WORKSHOPS WEDNESDAY, 14TH MAY 2025

In presence

- W1** 10:00 – 18:00 **Integrative Attachment-Oriented Trauma Therapy I.B.T.® for Infants and Toddlers**
K. Boger (in German)
- W3** 10:00 – 18:00 **Birth from the Baby's Perspective – Introductory Workshop**
M. Appleton / J. Meyer (in English)
- W4** 10:00 – 18:00 **Trauma and Feeding Tube Dependency**
A. Jockenhöfer / M. Wilken (in German)

WORKSHOPS THURSDAY, 15TH MAY 2025

In presence

- W5** 10:00 – 18:00 **Integrative Attachment-Oriented Trauma Therapy I.B.T.® for Older Children, Adolescents and Adults for the Treatment of Early (Pre-Linguistic) Trauma**
K. Boger (in German)
- W6** 10:00 – 13:30 **Implementing the 5 Core Measures for Trauma-Informed Developmental Care in the NICU**
M. Coughlin (in English with translation into German)
- W7** 14:30 – 18:00 **“You can visit your child at any time.” - Trauma Neonatal Intensive Care Unit**
A. Kalber/T. Kühn
- W8** 10:00 – 13:30 **Troubled children, stressed-out parents: Effective support for foster care parents**
J. Bürzle (in German)
- W9** 14:30 – 18:00 **Transgenerational Trauma - Can the Influence of Early Childhood Experiences on Brain and Behavioural Development be Passed on to Subsequent Generations?**
J. Bock (in German)

Subject to change!

PROGRAMM FRIDAY, 16TH MAY 2025

Simultaneous translation (German – English)

- 09:00 – 09:15 **Opening ceremony / Chair**
K. Boger, F. Porz, M. Fries, M. Wilken
- 09:15 – 10:00 **The Influence of Pre- and Postnatal Stress Experiences on Functional Brain Development: Epigenetics at the Interface Between Genes and Environment**
J. Bock
- 10:00 – 10:45 **Traumatic Birth Experience of the Mother - What does this possibly mean for the Child?**
W. Lütje
- 10:45 – 11:15 *Coffee break*
- 11:15 – 12:00 **Early Injuries - Late Scars?! Why Early Injuries are so Formative for Life into Adulthood**
K. Boger
- 12:00 – 12:45 **“Where is my Brother?” Treatment of Trauma using Child-Parent Psychotherapy – Overview and Assessment**
J. A. Larrieu
- 12:45 – 13:00 **Discussion**
- 13:00 – 14:00 *Lunch and physical activity break*
- 14:00 – 14:45 **The Wisdom of Not Knowing**
M. Appleton
- 14:45 – 15:30 **Love, Pain and Intensive Care - Neonatology as a Place of Traumatic Experiences**
T. Kühn
- 15:30 – 16:00 *Coffee break*
- 16:00 – 16:45 **Social Justice in the NICU - Pediatric Medical Traumatic Stress as Child Maltreatment?**
M. Coughlin
- 16:45 – 17:30 **When Life Begins with Pain: Early Oral Traumatization and its Treatment**
M. Wilken

Subject to change!

PROGRAMM SATURDAY, 17TH MAY 2025

Simultaneous translation (German – English)

- 09:00 – 09:45 **Confronting early trauma therapeutically - it's never too early - but also never too late**
K. Boger
- 09:45 – 10:30 **“Where is my Brother?” Treatment of Trauma using Child-Parent Psychotherapy – Core Intervention**
J. A. Larrieu
- 10:30 – 11:00 *Coffee break*
- 11:00 – 11:45 **The (psychic) burdened mother: the emotional asphyxia of the child and her consequences**
W. Lütje
- 11:45 – 12:30 **Shame and embarrassment in early childhood - orientation in the social environment or traumatization?**
M. Fries
- 12:30 – 13:30 *Lunch and physical activity break*
- 13:30 – 14:15 **How to B.U.F.F.E.R. The Experience of Trauma In the NICU**
M. Coughlin
- 14:15 – 15:15 **The Power of Embodied Presence**
M. Appleton
- 15:15 **Take home message – safe journey!**



Subject to change!